

Studio Re-Opening Plan – May 2021



**What To Expect When You Get Back In The
Studio**



NOTE FROM JANA & CARLOS – UPDATE MAY 2021

Dear PCPA Dance Family.

We are finally at the point where we are ready to bring back group classes! Please read through this document and make sure you know all our guidelines for keeping everyone as safe as possible.

Main Points

- Masks will be mandatory for everyone, in all spaces, including class.
- Temperature checks will be given to each dancer as they enter their classroom.
- Do not overcrowd elevators.
- Use of staircases as preferred entrances and exits. Read document for details.
- Lobby and class capacity restrictions.

This document covers everything we have done and will be doing moving forward. Our goal is to minimize the risk of exposure as much as possible. Masks, temperature checks, hand washing, sanitizer, and regular cleaning of the spaces will all be part of the larger plan.

As you read through this, we want you to remember that many of these measures will be **temporary**. There are parts of this document that may seem difficult or inconvenient. Just remember, this will pass. We need to come together as a community to meet this challenge if we want to get back into the classroom! Jana and I both believe we can come out of this as a stronger business on the other side. We need everyone's assistance to do so. We can do it!

Welcome Back (again) Dancers!

Re-Opening Plan

STATE REOPENING GUIDELINES

We are under the guidance of the state's *Blueprint for A Safer Economy*. Under these guidelines our county is currently in the orange tier. We can now run classes in studio, but will need to keep the lobbies closed to parents to meet capacity limits.

UPDATED CLEANING & SAFETY MEASURES

UPDATES FROM OUR BUILDING MANAGEMENT

- **HALO-LED UV Lights are now installed throughout the building HVAC systems.**
These units not only filter air, but kill viruses, and spray hydrogen peroxide molecules to clean all surfaces in the area.
- **Fogger Nebulizer**
ALREADY IN USE – The building manager has purchased a Portable Electric ULV Fogger Nebulizer. This will allow them to implement additional cleaning protocols that will disinfect the entrance ways of the building, stairway handrails, doors, door handles and knobs, elevators, bathrooms, hallways, and common areas quickly and more effectively.
- **Hand Sanitizers**
Hand sanitizing dispensers have been installed by the elevator entrance on every floor.
- **Safety Posters**
You will also see CDC posters strategically placed throughout the building, reminding people to wash their hands and help keep a safe work environment.
- **Daily Wipe Down**
Common areas of the building are being wiped down daily. This includes all high touch surfaces such as door handles, elevator buttons, etc.

UPDATES FROM OUR STUDIO

- **Deep Cleaning**
We have the studio being professionally cleaned multiple times per week.
- **Daily Cleaning**
We will continue with daily cleaning and wiping down of high touch surfaces as needed.
- **Ventilation/Air**
We will have air purifiers, HVAC UV-C lights, and keep windows open as appropriate to help with ventilation.
- **Using Props / Equipment in Class**
We will be restricting the use of certain props, barres, etc. We are asking dancers to bring their own equipment if needed.

PCPA CLASSES

- **Private & Semi-Private Classes**
All private and semi-private classes now have the option to dance in studio, or continue on Zoom.
- **Performance Teams**
All performance team dancers are eligible to dance in the studio with their teams, or continue on Zoom.
- **Group Classes – Starting May 2021**
Individual group classes will start being invited back for in-person classes at the studio. Please read our emails carefully. If you are in multiple classes, some of your classes may be back before others. You will still have the option to continue dancing on Zoom.

CONTINUE TO NEXT PAGE...

NEW PROCEDURES



● North Stairwell - Enter Here.

● South Stairwell - Exit Here

ENTERING & EXITING BUILDING

We want to create as options for entering as possible to avoid crowding elevators.

- All families / dancers should try to enter through the north staircase accessible just above the garage entrance at the rear of the building. This staircase is also accessible from garage.
- North Entrance Code: 719#
- New Jasmine Street Gate Code: 514
- All families / dancers should exit through the south staircase, unless parked in garage then you should take elevator or north staircase.
- Elevators may be used if needed, provided you follow the new rules. (3 people only, unless in same household)

ENTERING OUR LOBBY

All families will be asked to perform a self-check before leaving their homes. You will see a poster hanging on our entrances reminding you to check for symptoms. See posted attached at end of document.

1. Have you had a fever in the past 24 hours?
2. Do you or anyone in your household feel ill?
3. Have you been in contact with anyone that has tested positive for Covid-19 in the past 2 weeks?
4. Have you or anyone in your household tested positive for Covid-19 in the past 2 weeks?

If you answer yes to any of the questions above, please do not enter our space.

LIMITING PEOPLE LOBBIES

To meet the county capacity limitations, we cannot open out lobbies to parents or spectators. You are welcomed to come in if you need help or have questions. Our office staff will be in studio ready to help. We ask that you not wait in the lobbies for now to help us limit the number of bodies.

- **1 Parent/Guardian:** We are asking only 1 parent to come with each dancer. If you can leave siblings at home or in with someone else that would be preferred to help us limit bodies.

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- **All kids 7 and under:** Parents will have the option to remain in lobby/hallways if needed. This age group may still need assistance in restrooms. We do ask that your dancer use the restroom prior to class to prevent the need of you being in the lobby. Parent may wait in cars or hallways. **Please be on time for pick up!**
 - **All kids 8 and older** should be dropped off and parents should return at pick up times. Exceptions may be made in the case of a health concern. **Please be on time for pick up!**
 - **Waiting between classes** – If your dancer has back to back classes, and they have 30 min or less between them, they are welcomed to wait in the lobby areas for the next class. Please inform the office staff if you plan to let your dancer wait in the lobby. If you have more than a 30 minute wait between classes, we are asking that you please wait outside or come back at the time your next class begins.
 - We are removing most of the seating in our lobbies to create space for staging areas, and to reduce the amount of people in the lobby.
 - We ask that all parents please be back 5 minutes prior to the end of your dancer's final class and meet them in the hallway for pick up. If your dancer is 8 or older they can meet you in a designated spot outside that you have discussed with your child.
 - All families should exit the south staircase after pick up, or use elevators if needed provided you follow the new rules.

MASKS (UPDATED)

- As per state and county guidelines masks will be required during indoor activities.
- Options for sports masks have increased a lot in recent months. There are new masks that allow you breath easily while doing physical activity. Reebok, Under Armour, Mission, and a lot of new companies are working on mask technology. You can do your own research and if you find one you recommend, let us know.

IN THE STUDIOS

CLASS GRIDS TO MAINTAIN DISTANCING (SEE DIAGRAMS ATTACHED)

- Each studio will have a taped grid on the floor for dancers to stand in while they are in class.
- Each dancer will have a spot against the wall for their belongings.
- Each studio will have different procedures for where to place items. **See diagrams and tables in following pages.**

ENTERING STUDIOS - PCPA CLASSES

Once your dancer has been dropped off or if you remain with your dancer, there will be designated waiting areas within our lobbies for each studio. **If you have a Small Fry class, these rules will be slightly different. Please refer to that document.**

STUDIO	STAGING AREA	BAGS / BELONGINGS	REQUIRED ITEMS
STUDIO A	Dancers will wait in main lobby area at least 3ft apart. Temperature checks and hand sanitizer will be done at the front desk.	Bags should be left on the lobby side, under Studio A window as they enter classroom. Dancers will exit to main lobby and out main doors.	<ul style="list-style-type: none">MaskShoesWater Bottle – Kids will be spread out to the edges of the studio, more than 6ft apart, to take drinks. They will then put their masks back on before returning to their spots.
STUDIO B	Dancers will wait in main lobby area at least 3ft apart. Temperature checks and hand sanitizer will be done at the front desk.	Bags should be taken with them into studio B. Dancers exit through hallways when class is done.	
STUDIO D	Dancers will wait in studio D lobby. All dancers should come to front desk for temp checks and hand sanitizers before heading to class.	Bags should be taken with dancers and placed at stations in classroom. Dancers will exit through prop room hallway.	

EXITING STUDIO / BUILDING

- Kids 7 and under** will need to meet their parent in the main hallway. Please be there a few minutes early and spread out down the hall, ready to catch your dancer on their way out. Younger dancers may also leave with an older sibling if allowed.
- Kids 8 and older** may leave on their own or meet parents in hallway or a designated spot of your choosing outside.
- Parents should not be waiting in lobby areas unless they are one of the few parents that may need to be close by for health or safety reasons.
- All families should then exit through south stair well or take elevators. Elevators are limited to 2 people max unless they are from same household.

NEW CLASS RULES

- All persons in class should wear a mask.
- All dancers will be assigned a square to dance in during each class.
- Dancers may leave square for water breaks to their station (see diagram)
- Dancers should bring their own therabands or yoga blocks. Make sure they are labeled and no sharing!
- Follow entrance and exit flow charts.

LIVE STREAMING CLASSES

We know not all families will be able to return under the current timeline. For this reason, we will continue to livestream all group classes from the studio when we return. Live streaming will continue until we feel it is no longer needed.

DANCERS TAKING MULTIPLE CLASSES PER DAY

- **After exiting any class, dancer should go to restroom and wash hands before going anywhere else. Please remind them to do so.**
- Dancers should take belongings with them through each staging area and class as needed. For example: Dancers shouldn't leave bags in studio D lobby and come back for them at the end of their night.
- After washing hands, dancers should head to their next staging area.
 - There should be no sharing of tablets, phones, belonging, etc.
- Food
 - We are temporarily banning eating of food in lobbies. If your dancer needs to eat between classes, please take them outside.
- Masks should be worn at all times in common areas.

Water Coolers

- We will continue to provide water in our water coolers, we just ask that only staff use the coolers. Dancers should bring their water bottle up to the reception desk and request a refill.

PLAN MOVING FORWARD

What's next for PCPA? – Our focus is on recital in June. Beyond that we are still working on ways to run summer camps and begin planning for the 2021-2022 season. Please bear with us. All information will be coming soon. We hope that the studio can go back to "normal" this fall.

HOW YOU CAN HELP

There are lots of ways you can help, **and we do need you!** Below are things you can do to ensure we have a bright future.

- Read through this document carefully and stay up to date.
- Read our emails and follow us on [Instagram](#) and [Facebook](#) to get all our updates.
- Help us spread the updates to other families so we are all on the same page.
- Leave us a positive review on Yelp, Facebook, or Google reviews. MAYBE ALL THREE?! 😊
- Let your friends know about us! Even if they do not live in the area. Our ability to live stream will allow us to expand our reach and make up for lost enrollment.
- Of course, the number one thing you can do is stay enrolled! We are still at about half of our regular enrollment for this time of year. Anything you can do to keep us going and keep our teachers employed is appreciated.

FINAL THOUGHT

We appreciate you taking the time to read through this document. We know it is a lot to take in. Please share these guidelines with your dancer(s) and any adults that may be bringing them to classes.

All the measures in place will be temporary. We know some of these rules may be inconvenient, but it is what we need to do in order to bring students back into the building. We are keeping up with all the latest regulations and restrictions, and we will ease up as the county allows.

We appreciate your understanding and cooperation.

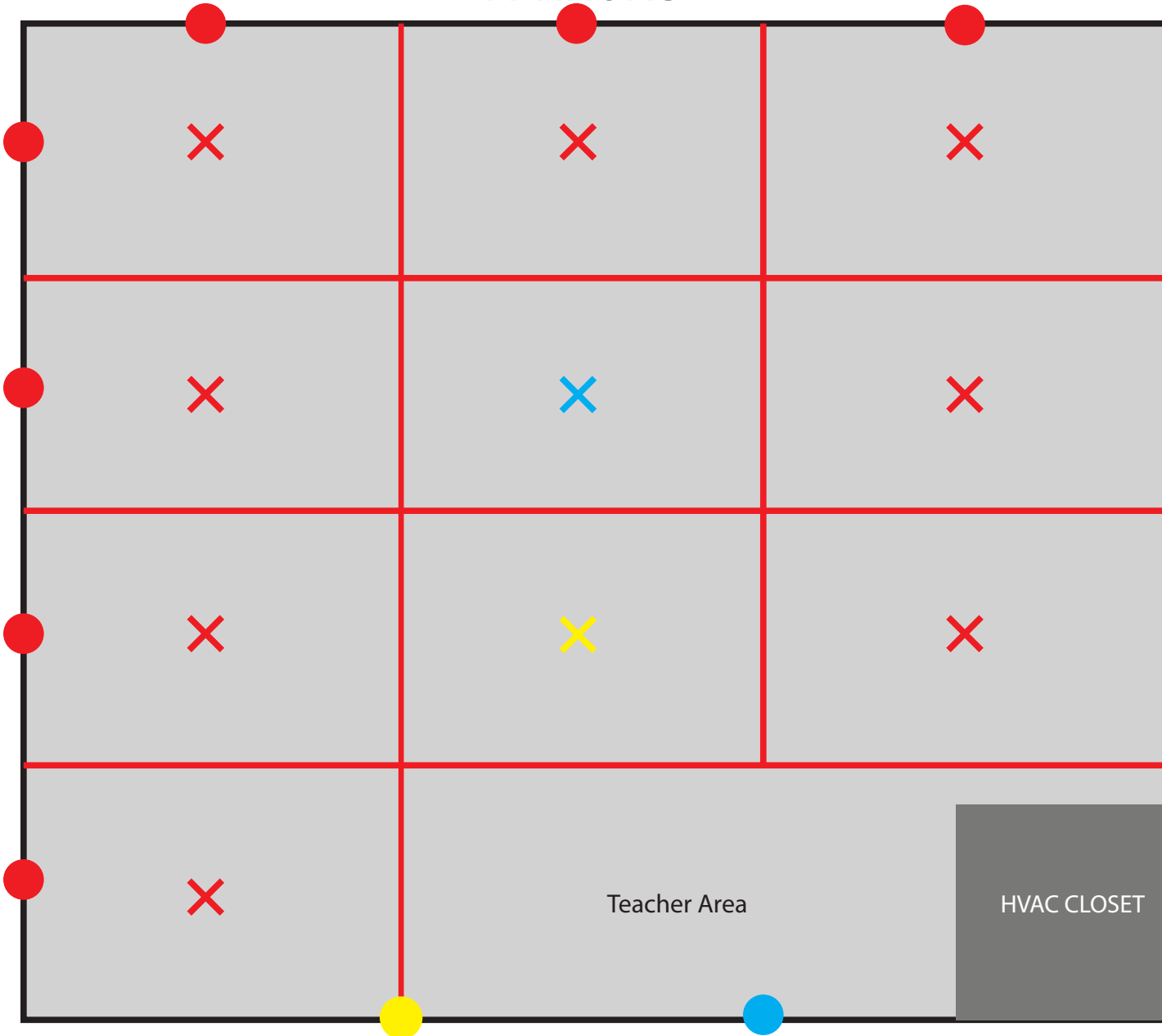
Thank you,

Jana, Carlos, and the PCPA Team

GRID FOR STUDIO A

Drawings are estimated and just to give an idea of how grid will be setup.
Large areas without lines are designed to allow teacher to move freely.

MIRRORS



Dancer's Spot



Dancer's Gear / "starburst" spot



Dancer's Spot



Dancer's Gear / "starburst" spot



Dancer's Spot



Dancer's Gear / "starburst" spot

GRID FOR STUDIO B

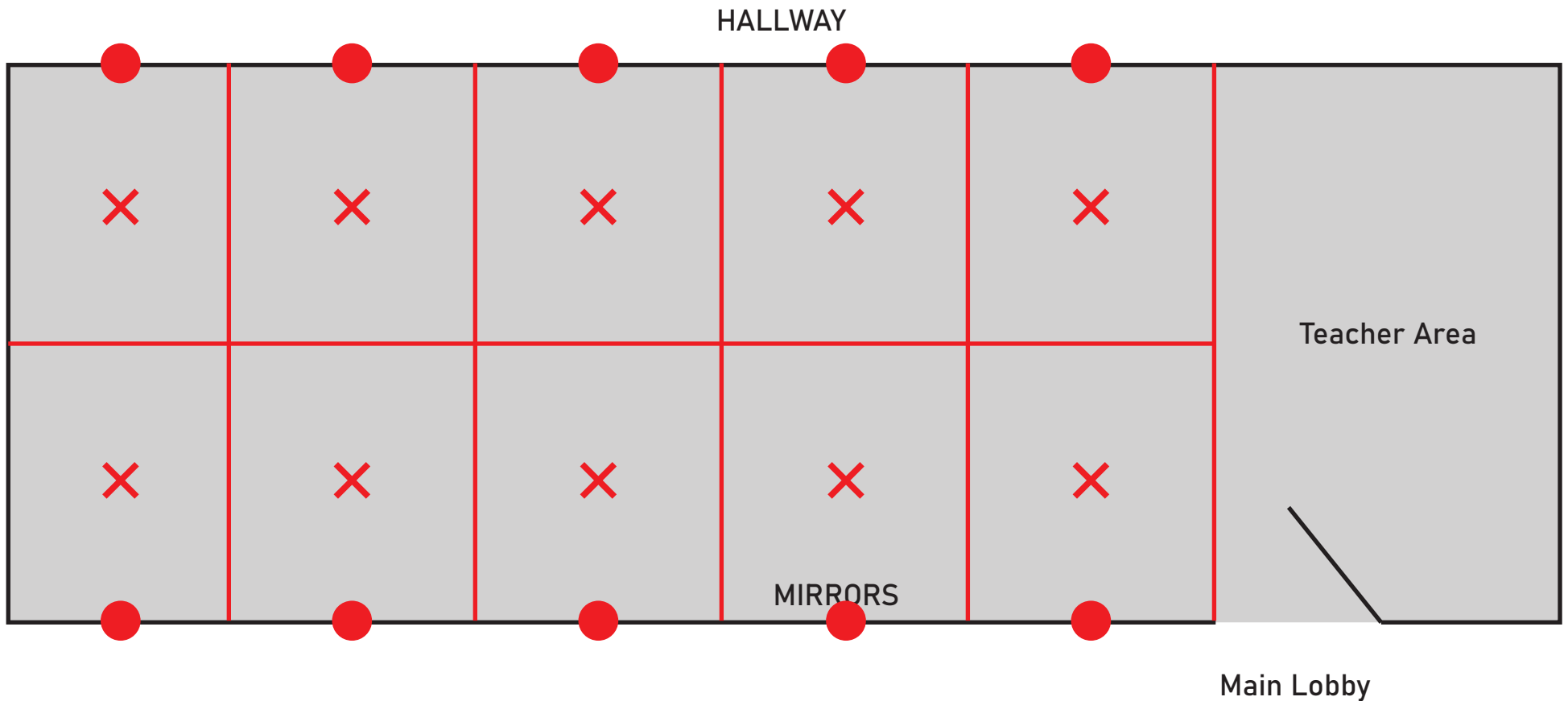
Drawings are estimated and just to give an idea of how grid will be setup.



Dancer's Spot



Dancer's Gear / "starburst" spot

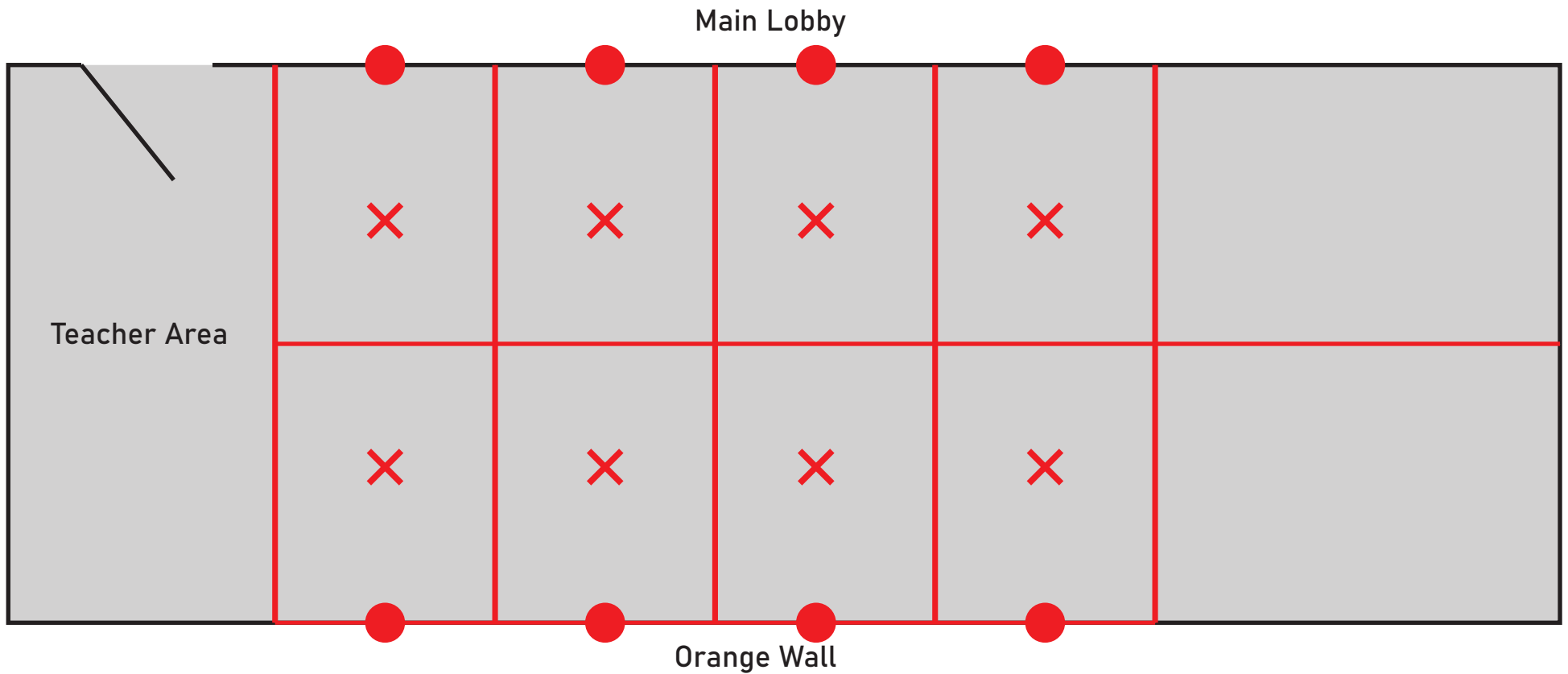


✕ Dancer's Spot

● Dancer's Gear / Parent / "starburst" spot

GRID FOR STUDIO C

Drawings are estimated and just to give an idea of how grid will be setup.

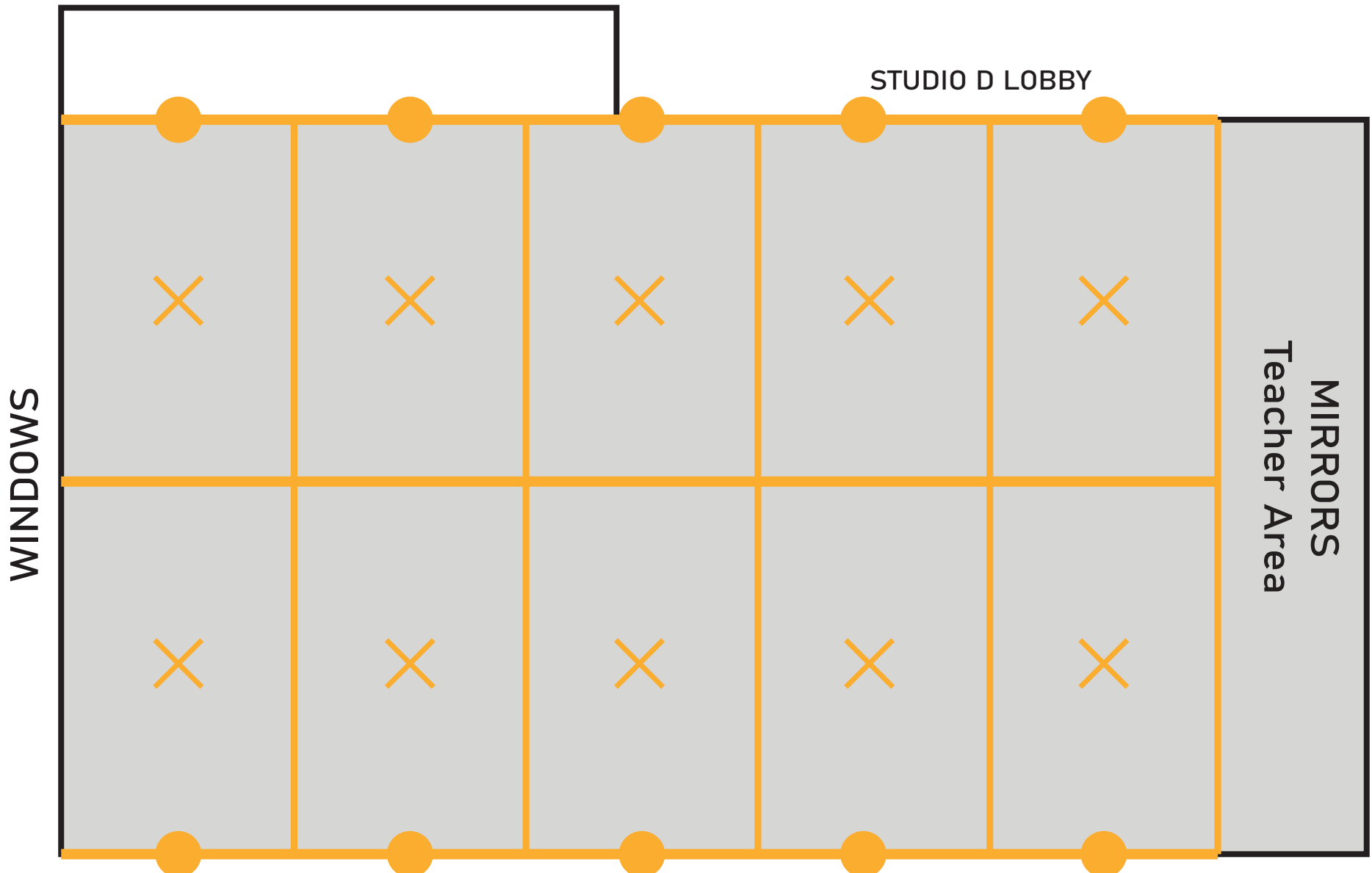


✕ Dancer's Spot

● Dancer's Gear / "starburst" spot

GRID FOR STUDIO D

Drawings are estimated and just to give an idea of how grid will be setup.





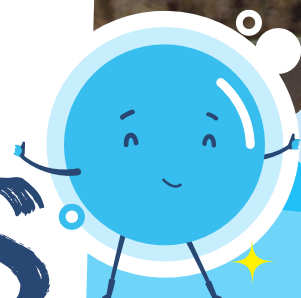
**CLEAN
HANDS KEEP
YOU HEALTHY.**

**Wash your hands with soap
and water for at least**

20 SECONDS.

LIFE IS BETTER WITH

**CLEAN
HANDS**



www.cdc.gov/handwashing



This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

STOP

Feeling sick?

Stop the spread of flu in the workplace.
Stay home when you are sick.

Common Flu Signs & Symptoms Include:



Fever* or feeling feverish/chills

*It is important to note that not everyone with flu will have a fever.



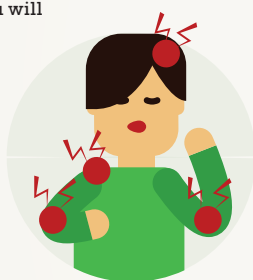
Sore throat



Runny or stuffy nose



Cough



Muscle or body aches



Headaches



Fatigue (tiredness)

*Flu is different from a common cold.
Flu usually comes on suddenly, and in general symptoms are more intense.*

If you think you may have flu tell your supervisor and stay home from work.

All employees should stay home if they are sick. CDC recommends that you stay home for at least 24 hours after your fever (100 degrees Fahrenheit or 37.8 degrees Celsius) is gone. Your fever should be gone without the need to use a fever-reducing medicine.

For more information visit www.cdc.gov/flu



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Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



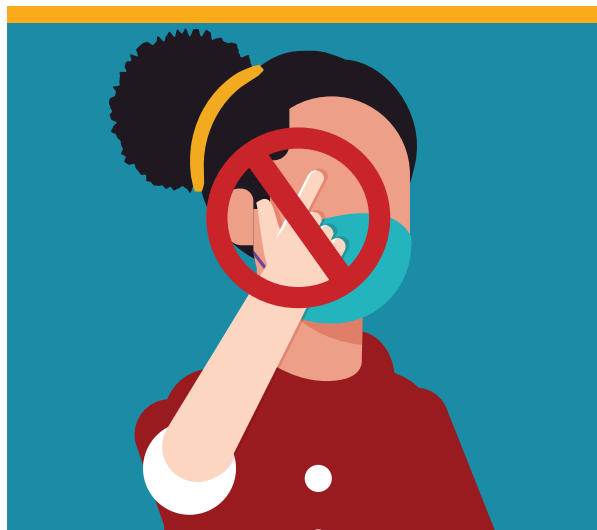
**Stay at least 6 feet
(about 2 arms' length)
from other people.**



**Cover your cough or sneeze with a
tissue, then throw the tissue in the
trash and wash your hands.**



**When in public, wear a
cloth face covering over
your nose and mouth.**



**Do not touch your
eyes, nose, and mouth.**



**Clean and disinfect
frequently touched
objects and surfaces.**



**Stay home when you are sick,
except to get medical care.**



**Wash your hands often with soap
and water for at least 20 seconds.**

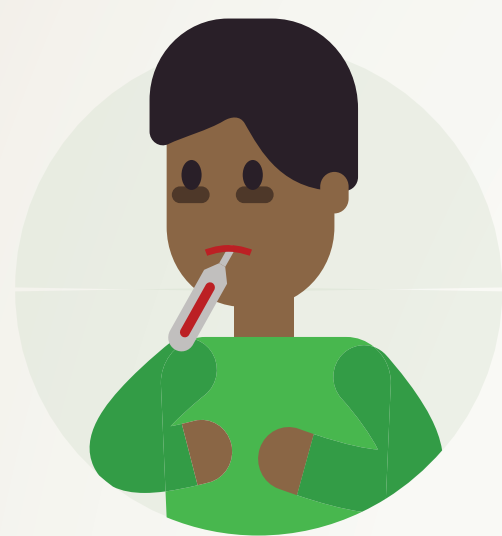
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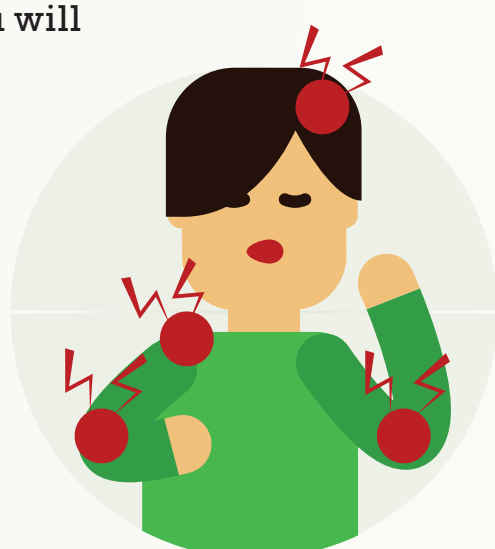
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For more information visit www.cdc.gov/flu



302908-A



Hands
that look
clean can still
have icky
germs!

Wash YOUR HANDS!



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention